



# Tower Talk

SEPTEMBER 2019

WORSHIP

GROW

SERVE

## Rally Day—September 8!

- |          |  |
|----------|--|
| 9:30 AM  | Free Breakfast in Gresham Hall   |
| 10:10 AM | Sunday School Class Kick Off in Gresham Hall                           |
| 11:00 AM | Worship with “Blessing of Backpacks” (Students, bring your backpacks!) |

## RoundTable Resumes!

RoundTable (RT), our mid-week ministry to K-12<sup>th</sup> grade students, resumes Wednesday, September 18, and continues through Wednesday, November 20. We meet from 4:15-7:10 PM for music, Bible study, dinner, and recreation. As part of RT, Middle and High School Choir meets 5:30-6:00 PM. Registration forms are available at the church and at [salempres.org](http://salempres.org). Please register early to assist us in our planning! And please help us spread the word about this wonderful ministry! We’re very welcoming to friends, neighbors, and classmates, and RT is even more fun with more people! If you’d like to help as a teacher, table parent, dishwasher, or cook, please contact Janet Chisom ([janet.chisom@salempres.org](mailto:janet.chisom@salempres.org)) or Kim Murray (772-4466). **On September 18 we’ll have a special registration/orientation meeting for all parents of participants at 4:15 PM.**



## Salem Presbyterians are Fun, Fit, Faithful, and Financially Generous!



- **September 14—Olde Salem Days Parking:** See article on page 4.
- **September 21—Big Lick Train Tug for the Presbyterian Community Center (PCC):** We can enter teams of 10 people to tug the train. The Outreach Committee is providing funding for our team/s, and each tugger is asked to contribute \$40. Additional donations are welcome! All money raised supports PCC ministries, including tutoring for at-risk youth, a food pantry, and classes for adults. Sign up outside Gresham Hall or let Janet Chisom know if you’d like to be join Team SPC!



- **October 13—CROP Hunger Walk:** On the 50th anniversary of this Walk, we’ve set a goal of 50 churches/organizations! Let’s make SPC one of the biggest teams! Money donated to CROP/Church World Service is used locally (for Roanoke Area Ministries), nationally (at hurricane shelters), and internationally (for refugee situations). Sponsor Team SPC at [crophungerwalk.org/roanokeva/](http://crophungerwalk.org/roanokeva/).
- **October 19—Family Promise Superhero Run:** Run or walk in this race that raises money to help homeless families have homes of their own. Register at [familypromiseroanoke.org/news-and-events/superhero-race/](http://familypromiseroanoke.org/news-and-events/superhero-race/).



## Amazin’ Grazin’ 2020!

Do you enjoy fellowship with others? Would you welcome an opportunity to get to know fellow SPCers beyond a few minutes before or after Sunday School or worship? Are you looking for a “pick-me-up” after the holidays? Do you like to eat?! **Well, then, Amazin’ Grazin’ 2020 is for you!** This wonderful ministry is a SPC staple, but after much consideration/input, there will be some changes:

- Only **3 months of dinners—January, February, and March.** So anyone who signs up will be paired with just 2 other singles or couples. You’re welcome to invite others when you host (e.g., folks on the substitute list, non-SPCers), or you can just keep your gathering of 5-6 people.
- No large house or space needed to host! Participants are happy to sit with a plate on their lap and *enjoy an indoor picnic*...OR several regular participants have offered to host for you! You’d just bring the entrée to their house when it’s your turn to host: Voila! You don’t even have to host in your own home!
- You could also arrange to eat at a *restaurant*...OR arrange a *brunch or lunch* if that’s better (e.g., if you don’t like to drive home after dark).
- If you have *food restrictions*, just let the host know or feel free to bring a bag lunch/dinner so you can enjoy the fellowship, which, of course, is the main purpose!
- Consider the following *themes* for 1 or more of the dinners:
  - Everyone bring potluck **“comfort food”**: So what if you end up with several versions of mac and cheese—indulge and enjoy!
  - Everyone bring potluck **salad for supper**: Another fun meal.
  - Enjoy **breakfast for dinner**: Bacon and eggs or pancakes are delicious any time.
  - Everyone bring his/her **favorite childhood food**: PB&J, ravioli, fish sticks, grilled cheese sandwiches, pizza, etc.—a trip down memory lane.

Most important, sign up in October/November for **food, fun and fellowship!** See you in January!

## Let Us Pray...

### Church Members

Anne Bach, Bob Bullock, Judy Garst, Bob Goodwin, Toni Jolly, Doug Kayton, Emily Cole Kelliher, Sandy Lipes, Ginger Miller, Anna Oedel, Mamie and Freeman Sleeper, Maria Stallions, Lindsey Tear Parr, Wanda Thompson, and John Wood.

### Family and Friends

- Lucille Akers
- Cameron Claussen (5th grader battling cancer)
- Chuck Fogus (Diane Tuttle's friend)
- Marjorie Taney Gordon (former SPC member)
- Jimmy Hughes (the brother-in-law of Linda Addington's brother)
- Erik Johnson (Jennifer Johnson's husband)
- Vina Lee Kearns (Bill Clapp's sister)
- Cindy Meek (Rich Watt's cousin)
- Dr. John Midgley (Midge Sweigart's brother)
- John Midgley (Midge Sweigart's father)
- Rebecca Newman (Jennie Ruhland's mother)
- Rowan Price (a 4 year old battling cancer)
- The family of Pete Stamper
- Norma (Felicia Parsell's mother)

*"I urge that supplications, prayers, intercessions, and thanksgivings be made for all people." — 1 Timothy 2:1*

### Salem Fresh Ideas Garden

We thank *all* who've helped weed, water, harvest, and deliver produce to the Salem-Roanoke County Food Pantry, which provides it to the hungry in our community. The Garden is a partnership between SPC and the city of Salem and is located on property owned by the church behind our Marshall House. If you'd like to help with the Garden in the spring of 2020, please contact Rachel Burks (540-816-0392 or rachelcb@vt.edu).



# A Word from Will

## Strengthen Your Spiritual Neurons!

*"Do not be conformed to the behavior and customs of the world, but be transformed by the renewing of your minds, so that you may learn God's will for you, which is good and pleasing and perfect" — Romans 12:2*

Scientists now have a better understanding of the connections that are established in our brains between concepts. For example, in India most will have a strong association between "cow" and "sacred." Such conceptual connections between neurons in the brain are created through *experience*. Moreover, these neural connections are *strengthened* by repeated association in experience. In other words, a practicing Hindu in India would be expected to have an even *stronger* association between "cow" and "sacred" than most people.

This feature of our brain's architecture signals the vital importance of worship, Bible study, and service to Christians. Like exercise that strengthens the muscles, a weekly commitment to these three spiritual *experiences* will strengthen neural connections related to our faith in the Lord. While obviously oblivious to such brain research, the apostle Paul nevertheless understood the crucial role our minds play in our faith: "Do not be conformed to the behavior and customs of the world, but *be transformed by the renewing of your minds*, so that you may learn God's will for you, which is good and pleasing and perfect" (Romans 12:2).

Rally Day is a special opportunity to commit or recommit ourselves as well as any family or friends to the *renewing of our minds*, to strengthening our spiritual neurons. At SPC we do that by worshiping the Lord each Sunday (in person or through our livestream on the church's Facebook page), by fostering our faith in Him through educational/spiritual enrichment (e.g., Sunday School or a small group), and by serving others in His name through ministries of mission and outreach into the community and world. (You can learn more about opportunities to engage in these spiritual experiences in this newsletter and in our weekly worship bulletins and Friday emails.)

With God's help, may we strengthen *together* our spiritual neurons and thus our faith in the Lord, particularly at the outset of a new church year.

Grace and peace,

*Will*

### To prepare for worship, please read the following texts beforehand:

**September 1**  
**Twenty-second Sunday in Ordinary Time**  
Romans 8:37-39

**September 8**  
**Twenty-third Sunday in Ordinary Time**  
Matthew 16:24-26

**September 15**  
**Twenty-fourth Sunday in Ordinary Time**  
Acts 2:42-47

**September 22**  
**Twenty-fifth Sunday in Ordinary Time**  
Jeremiah 8:18-9:1  
Psalm 79:1-9  
1 Timothy 2:1-7  
Luke 16:1-13

**September 29**  
**Twenty-sixth Sunday in Ordinary Time**  
Deuteronomy 11:13  
John 12:26

*Tower Talk is published monthly. Submissions are due on the 15th of the month. Tower Talk is available in the sanctuary, in the church office, online (salempres.org), and by email. To minimize copying and postage costs, we invite you to join our email list (contact churchadmin@salempres.org) or to pick up a copy at the church. The church uses photos of people and groups in print and online communications. If you object to the use of photos of you or your children, please contact churchadmin@salempres.org. Thank you.*

## “Autobiographies of Faith”

*This is the twelfth and last in our “Autobiographies of Faith” series in Tower Talk. Member and gifted photojournalist Maggie Rotanz took the photographs and conducted the interviews. In this month’s issue, we feature the “Autobiography of Faith” of member Jackie Lackey.*



Jackie with her boys, Abram and Bennett

I grew up and was baptized in a Presbyterian church in New York. I started coming to Salem Presbyterian in September 2009. I returned to church after not attending regularly for about ten years. I had some experiences at my home church in New York in my teens that turned me off from attending. I didn’t believe that the way “the good Christians” conducted themselves or treated others was the way Christianity was supposed to be or the way God wanted us to live. I never lost my faith in God, but I didn’t want to be part of a facade I didn’t believe in.

My faith is a choice. I choose to hand over (or at least try!) my worries, my fears, and my sorrows to Him. My faith has been greatly tested over the years, and the greatest tests have come within the past year. Each time, I have to make a choice. I could choose to fall victim to my circumstances and wallow in “why”? Instead, I have chosen to ask for strength, comfort, wisdom, and light on my path. I choose to count my blessings, not my sorrows.

I started church hopping with one of my friends around 2008 as we were both trying to find a place that fit our needs and faith styles. We tried Baptist, Methodist, Episcopal, unconventional, and even new age churches. She liked modern music and dancing and speaking in tongues; it felt strange to me. I felt comfort with hymns and silent prayers. I found my place at Salem Presbyterian. I needed a faith community and knew at some point I would want to marry and raise my children in a Christian community.

I like Salem Presbyterian because it accepts you as you are. Faith and spirituality aren’t for the perfect and conventional; it is also for the unconventional and misfits. I see a good mix of people, and I see everyone accepted. I also like that the children’s programs are bountiful and plan to participate when my children are older.

### *SPC is LIVE!*

**Join us for worship *live* on Sundays (10:00 AM on September 1; 11:00 AM beginning September 8) on the church’s Facebook page (under Video)! The worship bulletin is also available on the website beforehand!**

We’re live-streaming worship for those unable to attend and to help fulfill our mission to share “the Gospel of Jesus Christ in word and deed, so that all people may know Him as Lord and Savior.” We’re live-streaming through Facebook because it’s free, but we plan to live-stream through our website once we settle on the best platform.

### *Hear Ye! Hear Ye!*



Presbyterian Women (PW) in our presbytery is engaged in a mission project called “Handbags for Hope.” We’re collecting new and slightly used women’s handbags that are filled with goodies (small bottles of hand lotion, bath gel, toiletries, perfume, cosmetics, a scarf, etc.) that will be given to at-risk women. We’ll deliver them to organizations in our presbytery such as Turning Point Shelter, Bethany Place, Catholic Charities, and the Roanoke Rescue Mission. Please help us give these women a brighter outlook and help them move forward in their lives. You can leave your filled handbag/s in a bag in the church office labeled “PW.” We’ll bless them at PW’s Annual Gathering at Raleigh Court Presbyterian in Roanoke on September 28 (to learn more see the PW bulletin board in the hallway leading to the sanctuary). All women are welcome to join us that day and witness the wonderful work the women in our Presbytery are doing!

## *Reminder of Duties*

### *Greeters*

- Clay St. (9:20 AM): Diane Holdridge
- Main St. (10:30 AM): Evon Glasgow and Ginny Keast
- Market St. (10:30 AM): Susan Burnett

### *Pulpit Assistants*

- 9/1 Paul Nordt
- 9/8 Felecia Parsell
- 9/15 Ginny Savage
- 9/22 Marge Sielinski
- 9/29 Midge Sweigart

### *Collections*

- Deacon Class of 2021
- Bankers: Liz Lively and Debbie Bonham

### *Diaconate Meeting*

Ginny Savage—September 3

### *Session Meeting*

Reid McClure—September 24

### *Ushers*

Team Two

### *Children’s Worship*

- 9/1 No Children’s Worship (Labor’s Day)
- 9/8 Faye Hastings
- 9/15 No Children’s Worship (Communion)
- 9/22 TBA
- 9/29 TBA

### *Prayer of Dedication*

- 9/1 Debbie Bonham
- 9/8 Liz Lively
- 9/15 Diane Holdridge
- 9/22 Ginny Keast
- 9/29 Rachel Burks

### *Acolytes*

- 9/1 Kaidan Garst  
Emily Johnson
- 9/8 Emma Johnson  
Mary Robinson
- 9/15 Katie Johnson  
Henry Lugar
- 9/22 Chloe Weaver  
Katelyn Crumpacker
- 9/29 Kiley Weaver  
Elli Fulcher

**Sunday School**  
**9:00 AM (September 1); 9:30 AM (beginning September 8)**



**Rally Day on September 8:** “Come and Be Fed!” is our Rally Day theme! Feed your body with breakfast at 9:30 AM. Feed your minds with our Sunday School classes at 10:10 AM. Feed your spirit with worship at 11:00 AM. Students (of all ages!) should bring their backpacks with them to worship for a special blessing.

**Sunday School Classes:**

- Pre-Kindergarten (age 2 ½ -5) Cherub Choir 9:30-10:00 AM; Sunday School 10:00-10:30 AM
- Kindergarten-Grade 5 *Workshop Rotation Model: Communion*
- Grades 6-8 Proverbs (Janet Chisom)
- Grades 9-12 Proverbs (Ellen Bowen)
- Journey On “Short Stories by Jesus”: a six-week study on the parables (Fran Ferguson)
- Disciple Disciple IV: Under the Tree of Life (Kathy Highsmith)
- Kingdom Living Kerygma: The Bible in Depth (Ginny Savage and Hank Sullivan)

Susan Taylor, a member of the Disciple class, gave this testimony: “One of the strengths of the Disciples class is the in-depth Bible study and the wonderfully committed members who are willing to devote the time to the weekly Bible readings and open themselves to the other class members in the Sunday discussions. The class members are also willing to set aside their reservations and hesitations and take on the twice-a-year teaching of two lessons. The teaching is made easier by the preparation of each class member and the supplemental material that comes with the lessons. The Disciple lessons themselves include excellent videos that are well-written and prepared. I have learned more about the Bible and the history behind the Scriptures than I have in any other material I have used or studied. It has been a rewarding and inspiring Sunday School class. Each member of the class is a dedicated Christian who inspires each of us and adds greatly to the overall learning experience. I thank God for this class and look forward to it each Sunday.”

**We will help you find the class that will best help you to grow in faith.**

***Acolyte Training***

At Salem Presbyterian acolytes ring the steeple bell and then light the candles on the flower table at the beginning of worship. The bell calls us to worship, and the light is a visible reminder of Christ’s presence. Traditionally, fifth graders and older are given the honor and responsibility for lighting the candles. We’ll have acolyte training on September 8 after worship for anyone who’d like to join the team. Contact pastor Janet for more information.

***Olde Salem Days  
September 14***

Olde Salem Days is a wonderful Saturday of booths and vendors and food, as well as lots of people who come to Salem to walk and shop. We offer two lots for people to park in—the church lot and next to member Diane Tuttle’s house (230 W. Main St.). We need volunteers for 1.5 hour shifts to welcome visitors and collect donations. Donations this year will be given to Salem-Roanoke County Food Pantry.

***Middle and High School Youth Group***



Youth Group meets most Sundays from 6:00-7:30 PM. Typically, middle and high school youth meet together, but occasionally we break into separate discussion or activity groups. We have a wonderful team of adult leaders who help facilitate discussions, model a Christian life, chauffeur to events, and interact compassionately with the youth. Parents take turns providing dinner for the group. Throughout the year, youth have the opportunity to learn together, serve in the community, attend retreats, lead worship, and enjoy fellowship. The schedule is available at the church (in print), on the website, and is emailed to each family with youth in 6-12<sup>th</sup> grade. We’ll kick off the fall with dinner and s’mores on September 8 at Janet’s house (2239 Laurel Woods Drive, Salem).

***Church Picnic***

**September 29 at 12:15 PM at Longwood Park**

- Fried chicken, biscuits, beverages, and paper products provided.
- Bring a dish based on the first letter of your last name: **A-E salad; F-M side dish (hot or cold); N-Z dessert**
- Dress casually for 11:00 AM worship and then head to **Shelter 4** after worship.
- Questions? Call Ginny Keast (757-373-8470).



***Gresham Hall Art Show***

Each of us has Scriptures or Bible stories that resonate with us, elicit special memories, or are particularly important in guiding our words and actions. On Rally Day, we’ll have a new Show entitled “Favorite Bible Stories.” Anyone is invited to contribute artwork (paintings, photographs, poetry, prints, sculptures) that depicts their favorite Bible story. Please let pastor Janet know if you’d like to submit artwork for this Show ASAP!

***Invite people who don’t have a church home to join you!***

*“You say it’s  
your birthday!”*

- 2 Matthew Gard
- Jake Leeson
- Wendy Wall
- 3 Ken Cook
- 4 Taylor Johnson
- 5 Jeb Tiffany
- 6 George Lester
- 7 Kirbie Conner
- 8 Ellen Bowen
- Joe Dishaw
- Patty Hart
- 9 Nicholas Cothran
- Eberle Smith
- Becky Williams
- 10 Cheryl Rakes
- Olivia Smith
- Peyton Smith
- 11 Krysti Nelson
- 12 Michael Glasgow
- Garrett Wall
- 13 Teresa Auldridge
- Randy Flory
- Freda Fry
- 14 W. D. Hasty
- 15 Tara Jones
- 16 Michelle Darby
- Karen Kelly
- Margaret McClung
- 17 Camden Hart
- Bebe Martel
- Louise Puryear
- 18 Maggie Spracher
- Bob Bullock
- 21 Liz Munn-Lively
- 22 Ralph Williams
- 23 Weston Conner
- 24 Robert Barnett
- Ryan Coble
- Amy Lawrence
- 25 Loren Walker
- 26 Judy Garst
- Madeline Giles
- 27 Morgan Leeson
- Allen Whitmire
- 28 Janet Frantz
- Lorain Petersen
- 29 Christian Burnett
- Chuck Garst

*Is your birthday on  
our calendar? If not,  
please call the church  
so we can add it.  
Thank you!*



## **MUSIC NOTES**

**REED CARTER  
DIRECTOR OF MUSIC  
AND ORGANIST**



### **Cherub Choir**

This Choir for children age 2 1/2-pre-K resumes on September 15. It meets on Sundays from 9:30-10:00 AM in the Choir Room, and then the children attend Sunday School from 10:00-10:30 AM.

### **Children’s Choir**

This Choir for children in K-5th grade resumes with our RoundTable ministry on Wednesday, September 18. We rehearse in the Choir Room on Wednesdays from 4:15-5:00 PM.

### **Youth Choir**

This Choir for youth in 6th-12th grade resumes with our Roundtable ministry on Wednesday, September 18. It meets in the Choir Room on Wednesdays from 5:30-6:00 PM.

### **Chancel Handbell Choir**

This Choir for high school youth and adults resumes Monday, September 16. The ability to read music is helpful but not required. We rehearse in the Bell Room (upstairs) on Mondays from 7:00-8:30 PM. If you’re interested in playing, please contact Reed Carter (389-3881).

### **Chancel Choir**

This Choir for high school youth and adults resumes Wednesday, September 4. No prior singing or other musical experience is necessary. It meets in the Choir Room on Wednesdays from 7:30-9:00 PM. Please consider joining us—we would *love* to have you sing with us!

## **Ryan’s Cases for Smiles**



Member  
Barbara Young

You’re invited to join us on September 25 from 10:00 AM-12:30 PM in Gresham Hall and help assemble whimsical pillowcases that we’ll give to sick children and teens at Carilion to brighten their rooms and help them feel better to heal better. We always need people who can sew, pin/clip fabric, iron, and package finished pillowcases and donations of ‘fun’ fabric or money to buy fabric. If you can’t sew, you’re still invited and needed because there are jobs for everyone! If you’d like to sew, bring your sewing machine. Otherwise, just bring yourself! For more information, go to [caseforsmiles.org](http://caseforsmiles.org) or contact member Lorain Petersen ([lorainpetersen@gmail.com](mailto:lorainpetersen@gmail.com) or 540-353-5004). We hope to see and sew with you!

## **ON THE MONEY...**

Other than the kingdom of God, Jesus says more about money than anything else. It matters to him what we do with it because it’s not ours *but a gift from God*. We’re stewards of his gift, using some of it to help do his work through the church. If you’ve already contributed for 2019 by pledging/tithing, thank you! If you haven’t yet, please do so as the Spirit leads. Here are some ways to contribute to the Lord’s work in and through SPC:



- Pledging/Tithing: Contact Elder Fran Ferguson ([franferguson@comcast.net](mailto:franferguson@comcast.net)) or Carlene Hickman (389-3881 or [churchadmin@salempres.org](mailto:churchadmin@salempres.org)).
- Life Insurance/Will/Estate Planning: Prayerfully consider including your family of faith as a beneficiary.
- If you have questions about the budget, please contact Treasurer Jim Bowen ([jhbkw88@verizon.net](mailto:jhbkw88@verizon.net)).

### **Financials (through July)**

<b>Total Amount Pledged</b>	<b>\$237,494.85</b>
<b>Pledges and Gifts Received</b>	<b>\$232,171.82</b>

## ***NO MORE EXCUSES*** ***Examining Prostate Health***

### **Don't Wimp Out!**

The excuses some men will come up with for skipping their annual prostate exam. "My wife forgot to remind me," or "Things have been crazy at work; I couldn't leave," and the ever-popular "The dog ate my appointment card!" But negligence is no laughing matter, especially when it comes to prostate health.

**September is Prostate Cancer Awareness Month** and the truth is many men aren't even aware they *have* a prostate (not prostrate!) ...until something goes wrong.

### **Prostate 101—Fast Facts:**

- The prostate, found only in men, is a walnut-sized gland that functions as part of the male reproductive system.
- There are many conditions that can affect the prostate, including benign prostatic hyperplasia (BPH) and prostatitis, but the most serious is prostate cancer.
- Symptoms of prostate cancer are often non-existent or vague, such as urinary frequency, delayed or slowed urinary stream or not being able to fully empty the bladder. These symptoms are also common to other benign prostate problems such as BPH. However, bone pain or tenderness, often in the lower back, generally occurs only after the cancer has spread.
- One man in six will be diagnosed with prostate cancer during his lifetime.
- Prostate cancer is the second-most deadly form of cancer in American men, following lung cancer.
- In its early stages (before it metastasizes), prostate cancer is very curable, but it's fatal if left unchecked.

### **What Are the Risk Factors?**

**Age:** Chances of developing prostate cancer increases with age. Nearly 80% of all prostate cancers are diagnosed in men over the age of 65.

**Race:** African-American men are at much greater risk for prostate cancer, occurring almost 70% more often in this group than in white American men. On the other hand, the disease is less common in men of Hispanic, Native American, and Asian descent than in white men.

**Family History:** Having a father or brother with prostate cancer doubles a man's risk of developing this disease.

### **Cause and Effect**

No one knows exactly what causes prostate cancer, but there are steps you can take to reduce your risk.

1. **Get off the couch!** Maintain a healthy weight with physical activity. New studies suggest obesity is linked to an increased risk of prostate cancer.
2. **Cut back on red meat and fatty foods.** Instead, load up on five or more servings of colorful fruits, vegetables, and whole grains each day. Eat more fish. Fact is: the lowest number of cases occurs in vegetarians since they don't eat meat.
3. **Minimize stress.** Avoid people and situations that tend to "push your buttons!"
4. **DO NOT SMOKE!** If you haven't noticed, this is a recurring theme in nearly all of my newsletters! **Smoking remains the biggest risk factor for all cancers, as well as heart disease and stroke!** Talk to me now for help in quitting.

**\*See your doctor for regular check-ups and request yearly prostate exams.**

### **What's Up, Doc?**

Your best defense against prostate cancer is a yearly physical. **The American Cancer Society recommends that all men, starting at age 50, be screened.** Those considered being at **higher risk** (African-American or family history of the disease) should be checked **starting at the age of 45.** The main screening tools for prostate cancer are the **digital rectal exam (DRE)** to check the prostate for enlargement or irregularity, and the **prostate-specific antigen (PSA) blood test.** Neither test can fully determine if you have cancer, but they can help your doctor decide if you need further testing.

*Proverbs 4:20-22 "...listen closely to my words. Keep them in your heart, for they are life to those who find them and health to a man's whole body."*

Shalom,

*Kitty*

### ***Welcome and Safety Session*** **September 15, 2:00-4:00 PM** **SPC Sanctuary**

Sheriff and SPC member April Staton and members of the Salem Sheriff's Office will lead a discussion of situational awareness at the church (e.g., if you see something, say something) and will offer best practices that can be used to maximize the safety of our church members and guests while remaining a welcoming congregation for any who enter our doors. **Everyone at SPC is strongly encouraged to attend, especially currently serving Elders, Deacons, and ushers.**



# SEPTEMBER 2019

*Our mission, inspired by God through the Holy Spirit, is to be a visible sign of God's love for all people by sharing the Gospel of Jesus Christ in word and deed, so that all people may know Him as Lord and Savior.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>22nd Sunday in Ordinary Time</b> <b>9:00 Sunday School</b> <b>10:00 Worship</b>	<b>2</b> <b>Labor Day: Church Office Closed</b> 6:30 AM Men's Breakfast at Salem's Famous Anthony's  7:30 PM NA	<b>3</b> 10:30 Morning Circle 11:00 Staff meeting  6:30 PM Diaconate committees <b>7:00 PM Diaconate</b> 7:00 PM Salem Choral Society 7:30 Evening Circle	<b>4</b> 10:30 AM Women's Bible Study  7:30 PM Chancel Choir rehearsal	<b>5</b>  7:30 PM NA	<b>6</b>	<b>7</b>
<b>8</b> <b>Rally Day!</b> <b>Two Cents-A-Meal</b> <b>SEE BOX BELOW</b>  12:15 PM Acolyte Training  6:00 PM Youth Group	<b>9</b> 6:30 AM Men's Breakfast at Salem's Famous Anthony's  5:30 PM Family Promise 7:30 PM NA	<b>10</b>  7:00 PM Salem Choral Society	<b>11</b> 10:30 AM Women's Bible Study 11:30 PM Men's Lunch at Mac & Bob's  7:30 PM Chancel Choir rehearsal	<b>12</b>  7:30 PM NA	<b>13</b> 9:00 AM Young Life	<b>14</b> <b>Olde Salem Days Parking!</b>
<b>15</b> <b>24th Sunday in Ordinary Time</b> <b>Bring a canned good!</b> <b>9:30 Sunday School</b> <b>11:00 Worship with Communion</b> 12:15 Worship and Music 2:00 Church Welcome and Safety Session 6:00 Youth Group	<b>16</b> 6:30 AM Men's Breakfast at Salem's Famous Anthony's  5:30 PM Family Promise 7:00 PM Handbell rehearsal 7:30 PM NA	<b>17</b>  11:30 AM Presbyterians at Lunch (PAL)  7:00 PM Christian Education 7:00 PM Salem Choral Society	<b>18</b> 9:00 AM Salem Garden Club 10:30 AM Women's Bible Study 12:00 PM Downtown Lunch at Alexander's  4:15 PM RoundTable: Friend 7:30 PM Chancel Choir rehearsal	<b>19</b>  7:00 PM Joy Circle 7:30 PM NA	<b>20</b>	<b>21</b>  11:00 AM Big Lick Train Tug
<b>22</b> <b>25th Sunday in Ordinary Time</b> <b>9:30 Sunday School</b> <b>11:00 Worship</b>	<b>23</b> 6:30 AM Men's Breakfast at Salem's Famous Anthony's  5:30 PM Family Promise 7:00 PM Handbell rehearsal 7:30 PM NA	<b>24</b>  <b>12:00 PM Volunteer Lunch</b>  <b>7:00 PM Session</b> 7:00 PM Salem Choral Society	<b>25</b> 10:00 AM Ryan's Cases for Smiles 10:30 AM Women's Bible Study  4:15 PM RoundTable: Comic Book 7:30 PM Chancel Choir rehearsal	<b>26</b>  6:00 PM Girl Scouts Sign Up Night 7:30 PM NA	<b>27</b>	<b>28</b> 9:00 AM Annual Presbyterian Women Gathering at Raleigh Court Presbyterian Church in Roanoke
<b>29</b> <b>26th Sunday in Ordinary Time</b> <b>9:30 Sunday School</b> <b>11:00 Worship</b> <b>12:15 PM Church Picnic (see page 4)</b>  6:00 PM Youth Group	<b>30</b> 6:30 AM Men's Breakfast at Salem's Famous Anthony's 5:30 PM Family Promise 7:00 PM Handbell rehearsal 7:30 PM NA	<b>Rally Day on September 8!</b> 9:30 AM Free Breakfast in Gresham Hall 10:10 AM Sunday School Class Kick Off 11:00 AM Worship with "Blessing of Backpacks"		<b>THANK YOU!</b> Thanks to all who helped clean the kitchen in August. Also, if you have a gently-used refrigerator that you're willing to donate to the church, please contact the church office.		

## **DIACONATE 2019**

**Moderator** - Ben Fry  
**Vice-Moderator** - Liz Lively  
**Secretary** - Ellen Bowen

### **Communication and Membership Committee**

Jaime Fulcher (chair),  
Maggie Evans, Anne Gale

### **Nurture Committee**

Ginny Keast (chair),  
Kirbie Conner (Youth Deacon),  
Jennifer Johnson, Sarah 'Beth Walton

### **Outreach Committee**

Josh Akers (chair),  
Debbie Bonham, Rachel Burks,  
Emma Smith (Youth Deacon)

### **Services and Functions Committee**

Martha Pinkerton (chair),  
Ken Cook, Diane Holdridge,  
Liz Lively

## **SESSION 2019**

**Clerk of Session** - Sarah Eller  
**Assistant Clerk** - Becky Williams  
**Treasurer** - Jim Bowen  
**Assistant Treasurer** - George Lester

### **Administration Committee**

Paul Nordt (chair, Personnel)  
Fran Ferguson and Jennie Watts (co-chairs, Stewardship)  
Susan Burnett, Evon Glasgow

### **Christian Education Committee**

Phyllis Hasty (chair)  
Nancy Gattoni, Midge Sweigart

### **Facilities and Planning Committee**

Reid McClure (chair, Facilities)  
Ginny Savage (chair, Planning)  
Lee Hipp, Steve Lemons

### **Worship and Music Committee**

Faye Hastings (chair)  
Jeff Howard, Felecia Parsell, Marge Sielinski



Salem Presbyterian Church  
41 East Main Street  
P.O. Box 536  
Salem, Virginia 24153

# *Tower Talk*

Return Service Requested



*Our mission, inspired by God through the Holy Spirit, is to be a visible sign of God's love for all people by sharing the Gospel of Jesus Christ in word and deed, so that all people may know Him as Lord and Savior.*



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