



# *Tower Talk*

August 2023


WORSHIP

GROW

SERVE

**LIVE!**  
**SURRENDER DOROTHY**

7:00-8:30



**Salem Presbyterian Church**  
**Concert on the Lawn**  
**FRIDAY AUGUST 18TH**  
[WWW.SURRENDERDOROTHY.ONLINE](http://WWW.SURRENDERDOROTHY.ONLINE)

# a note from *Chris*



Many years ago, and the emphasis for sure is on “many years ago,” I used to be an avid cross country runner in middle school and high school. I very much enjoyed this sport because while part of a larger team, the real goal was to have better self improvement and a lower mile time every race. We had a wonderful greenway in Maryville, TN near the high school which was where our cross country meets happened when it was our high school’s turn to host the meet.

Most of the course followed along a lovely crystal singing river, which the wide and winding greenway followed for three miles. However, there was one narrow section over a long bridge which was a bottleneck when several hundred people tried to run across it at once. That bridge was a notorious part of the course known for elbow jabs, stepped-on shoes, tripping runners, and sometimes an unfortunate collision when too many runners tried to be in the same spot.

Our coach’s solution to the problem was a phrase he repeated time and again before every race in preparation for the close contact of runners on the narrow bridge. He would also yell it as we ran across so we wouldn’t forget, “You have got to let them know you are there! You got to let them know! Get your elbows out!” It was great advice, a reminder to own the space we occupy, put some elbows out, and be bold enough to let other runners know where we were. Though I have long since stopped running miles on end, the life lesson has stuck with me and strangely has been good advice in recent years for thinking about the church, “You got to let folks know you are there, you got to let them know!”

When I think about this last month and looking forward to August, we are doing fantastically well following my coach’s advice, except for us, it is letting the community know Salem Presbyterian is here: loud, and visible and doing the work of the Lord! In this month alone, our church has been represented out in the community at a baseball game and a jazz concert. Reed and the Salem Choral Society gave us a patriotic concert in our church which became standing room only, and Kitty led a class on Advance Directives which helps families and relatives far beyond our church.

Our youth have been ambassadors for the church all over Salem and Roanoke, led by pastor Janet’s mini-missions with faithful volunteers. We were visible in the courtyard the week of VBS every morning and afternoon, loudly singing songs, learning Bible stories, and playing games. We got to invite some visitors into worship and make a big noise with

a Bluegrass Sunday, and that’s not counting all the other ways, like Lemonade on the Lawn and our normal fellowship, worship, and missions we support, where we get to make a little noise on our particular street corner.

While we may not see an immediate effect of doing things visibly out in the world in terms of attendance, we can’t forget that anytime we let folks know who we are outside our walls, or invite folks in with special services and events, it makes a huge difference in our viability. It gets folks around us talking and gives a few more adjectives to describe us rather than the historical church on the corner. We are the church that, “fill in the blank!”

In fact, just the other day, right down the street from us at Frank’s pizza while I was having lunch, one of our neighbors said to me, “You’re the minister of that church which gathers out front on Sunday mornings and has cupcakes. I saw y’all out there several weeks ago.” I explained to him that this is not always our norm, but just one of our various celebrations this summer, and that we are a church that likes to celebrate what God is doing at Salem Presbyterian. I’ll admit, I never considered being branded as the “cupcake” church, but there are far worse things to be known for in the community. The point is, somebody saw and noticed what we are doing to the extent they wanted to say something about our church. Couldn’t make a preacher’s heart happier.

Though we are not done with our outdoor festivities this summer, hearing feedback like this and being visible to the community only gets me more excited for another opportunity to do just that! Don’t forget, on Friday, August 18, we are having a band come to our front lawn and they will put on a free outdoor concert for our church and the community around us.

I’m happy to say that for this Inreach fellowship event, we even had to get an official “noise ordinance” permission slip because this band will definitely let folks know we have much to celebrate at our church. Anytime a church has to get a “noise ordinance” it means we are doing bold things, so let’s make a little noise and be proud of it! I hope you can make it a point to come on Friday, August 18, and if so make sure you bring a folding chair and even some dancing shoes, if that is your thing. It will be a great evening, and as we attend and appreciate a good band outside our church just remember the words of my coach, “You’ve got to let them know you are there!”

As always, it is a joy doing ministry together!

*Chris*



# WORSHIP

## Worship Time Change For the Summer!

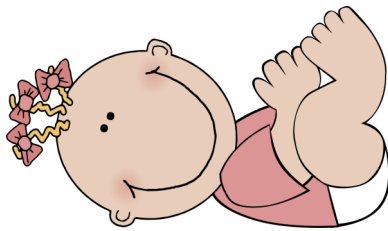
Sunday School      9:00 AM  
Worship              10:00 AM

## Sanctuary Flowers

Each Sunday, flowers are placed at the front of the sanctuary in honor or memory of loved ones. If you would like to provide flowers for a worship service, please sign up on the calendar in the Church Office.

## Nursery Care Every Sunday

Nursery care is available in Room 103 for infants and young children during worship. No reservations are necessary.



## Hymn Sing Saturday

Join Reed Carter, Director of Music on Facebook every Saturday morning at 10:00 AM for live hymns. Request your favorite and sing along every week!



## *To the Church Triumphant*

**Jane Chichester**, a member of Salem Presbyterian Church since 2022, passed away on June 29. We give thanks for Jane's life and pray for her family and friends.

**Hazel Newman**, a member of Salem Presbyterian Church since 1961, passed away on July 18. We give thanks for Hazel's life and pray for her family and friends.

## Let Us Pray...

### Church Members

- Carol Clapp
- Spencer and Joy Frantz
- Nancy Gattoni
- Carlos Hart
- Skip and Faye Hastings
- Marlene Keener
- Lawrence Koontz
- Reid McClure
- Ginger Miller
- Horst and Anna Oedel

- Carol and Carl Rydell
- Hank Sullivan
- Ralph Williams

### Family and Friends

- Jett Sheehan, infant son of Colleen Hayes Sheehan
- Marty Hildebrand Sherwood (John and Tootie Hildebrand's daughter being treated for breast cancer)
- For an end to hatred and gun violence
- Ukraine, Russia, Sudan, and peace in the world

Have updates or changes for the prayer list? Let us know: [churchadmin@salempres.org](mailto:churchadmin@salempres.org).

## TICK TALK

### Guarding Against Lyme Disease

Summer is here, and that means many of us are spending more time outdoors. While the exercise and fresh air are great, beware that ticks are lurking about to spoil your fun. Protect yourself from these pests and Lyme disease by arming yourself with the following information.

**Lyme disease**, named for the town of Old Lyme, Connecticut, where the disease was first recognized, is a bacterial infection carried primarily by the tiny deer tick, which are about the size of a sesame seed or the head of a pin. To contract Lyme disease, an infected tick must bite you. The bacteria enter the skin through the bite but take approximately 48 hours to make their way into the bloodstream. Therefore, hasty removal of a tick can help prevent infection. Once infected, however, the disease can be difficult to diagnose because symptoms are often vague and may mimic other illnesses. Here's what to look for:

- Flu-like symptoms including fever, chills, fatigue, headaches, swollen lymph nodes, stiff neck, joint pain & muscle aches.
- Red rash (occurs in 70-80% of cases), generally starting at the bite site, which changes from a small red bump and expands over time, forming an area resembling a "bull's-eye," a red outer ring surrounding clear skin and a red center. Itching of skin may also occur as the rash spreads.

Early treatment is critical. If you experience similar symptoms in the days or weeks following an outdoor excursion, be sure to tell your doctor that there is the possibility an infected tick has bitten you, even if you never saw a tick. If diagnosed early, treatment with antibiotics will halt the disease. If the infection remains untreated, complications involving the joints, heart and nervous system can develop.

#### Be on the Lookout

Symptoms in the weeks or months after being infected may include:

- severe joint pain and swelling (most commonly located in the knee)
- irregular heartbeat
- dizziness
- shortness of breath,
- temporary paralysis of one side of the face known as *Bell's palsy*

- numbness, weakness, or tingling in limbs
- memory loss
- difficulty concentrating
- changes in mood or sleep habits

#### Let's Talk Prevention

When outdoors, especially if walking in wooded or grassy areas:

- Wear long pants and sleeves. Tuck long pants into socks and wear shoes or boots, not sandals. Light colored clothing is best since ticks show up more easily and can be removed.
- Use EPA-approved insect repellents. Apply a 10-30% concentration of DEET to skin and clothing, socks and shoes. A 10% concentration is effective for about 2 hours. Use caution, chemical repellents can be toxic. Do not apply to hands, especially those of infants and young children, or directly to face.
- Check yourself, your children & pets for ticks. Once inside, remove clothes & inspect skin, especially in the hair and on scalp, in & around ears, under arms, inside navel, between legs and upper thighs, and back of knees. Always shower and shampoo after being outdoors since ticks often remain on skin for several hours before attaching themselves. Be sure to wash all clothing.
- If you find a tick, gently remove with tweezers, grasping it close to the skin by the head, not the belly, and pulling with a steady upward motion without twisting until it releases from the skin.
- Try not to crush the tick, which could expose you to bacteria and infection. DO NOT use Vaseline or fingernail polish. Wash area and hands well with soap and warm water, apply rubbing alcohol or antiseptic & watch for signs of redness or change during the next month.

"My God is my protection, and with Him I am safe."  
2 Samuel 22:3

Shalom,  
Kitty

## SUMMER SUNDAY SCHOOL Sundays at 9:00 AM

We believe that Christian Education is important. Ideally, it happens both at home and at the church during class time. Although our summer schedule of classes is modified, we still offer educational enrichment for all ages throughout the summer.

- **Elementary students** will focus on a different Bible story each week and explore that story through craft, discussion, recreation, and prayer.
- **Adults and Youth** will take part in short lesson series that last for 1-4 weeks on various topics.  
**JOIN SUNDAY SCHOOL ON ZOOM: Meeting ID: 896 2941 4712 / Passcode: 500937**
  - ◇ **August 6**—Fred and Sally Baker will share pictures and stories from their recent trip to the Holy Lands.
  - ◇ **August 13, 20, 27, September 3**—Chris Vogado will continue to lead the class through a discussion about the book *“Neighborhood Church: Transforming Your Congregation into a Powerhouse for Mission.”* Attendance for the first four sessions earlier this summer is not necessary.

## MIDDLE AND HIGH SCHOOL YOUTH GROUP

The **Youth Group** (6<sup>th</sup>-12<sup>th</sup> graders) typically does not meet together on Sunday nights during the summer. This summer we have already had Middle and High School Mini-Missions and served in the community. We will meet on August 1 (10 AM- noon) to get together again with friends at Brandon Oaks. Look for other pop-up events and service opportunities too! We will resume our weekly Sunday night gatherings on September 10.

## Vacation Bible School

VBS was wonderful! We had a great time together learning, singing, hearing Bible stories and building them out of Legos, playing, and crafting. New friends were made and connections with the ancient scriptures were made for our lives today. Thank you to all who donated snacks and supplies, and especially to those who gave their time that week!







# SERVE



## Family Promise

Salem Presbyterian and Restoration churches will be hosting our third Family Promise week for the year the week of **August 27-September 3**. As usual, we need help with setting up and taking down the guests' bedrooms, dinner hosts and overnight hosts and volunteers to provide meals and a few supplies. Volunteer sign-ups will start in early August. If you have any questions, please contact Carolyn Greene (mrsclmg@gmail.com) or Susan Taylor (slctaylor500@gmail.com).

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## Ryan's Case for Smiles

You are welcome to come to Ryan's Case for Smiles in Gresham Hall on Thursday, August 3 from 10:00 AM-12:00 PM. The local chapter of Ryan's sews whimsical pillowcases for sick children and teens hospitalized at Carilion in hopes of brightening their sterile surroundings to help them "feel better to heal better." Ryan's is always looking for people who can sew, pin/clip fabric, iron, or package finished pillowcases. It is not necessary to know how to sew as there are plenty of jobs for everyone to do! Bring just yourself, or an iron and ironing board, or if you'd like to sew, your sewing machine. For more information on Ryan's Case for Smiles on the national level, please check out [caseforsmiles.org](http://caseforsmiles.org) or for local information, contact church member Lorain Petersen (lorainpetersen@gmail.com or 540-353-5004). This group meets at least twice a month at various locations around the valley. We look forward to seeing you!



## CROP HUNGER WALK

The **CROP Hunger Walk** will be celebrating its 40<sup>th</sup> Walk in the Roanoke Valley on Sunday, October 8. CROP Hunger Walks are community-based walk fundraising events held in cities and towns across the United States, created to support the global mission of Church World Service, a faith-based organization transforming communities around the globe through just and sustainable responses to hunger, poverty, displacement and disaster. After the CROP Hunger Walk ends, 25% of the funds raised through donations and sponsorships will support local hunger-fighting efforts through

Community Solutions Center (an arm of Feeding Southwest Virginia). The Walk has a 1-mile and a 4-mile route through Roanoke, starting and ending at First Evangelical Presbyterian Church. Please join the Salem Presbyterian Church team by registering online (<https://events.crophungerwalk.org/2023/event/roanokeva>) or by contacting Teresa Auldridge (tauldridge@gmail.com). As an incentive, registering before September 11 will guarantee you a t-shirt in your correct size!

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## Giving Garden

There will be work days/mornings for the Giving Garden on the first Saturday of each month from 9:00 AM-12:00 PM. They work days are Aug 5, Sept 2, and Oct 7. All dates and times are subject to change depending on the weather.





## GIVING AT SPC

*"The earth is the Lord's and all that is in it, the world and those who live in it."*

*—Psalm 24*

### Where the Money Goes.....MUSIC

Here at Salem Presbyterian, we have the most wonderful music program, and it keeps getting better! I hope everyone was able to worship with us on July 16 for Bluegrass and Old Time Sunday. Old (some really old) favorites joined with some newer tunes, played and sung by a quartet of talented musicians. It was such an uplifting worship service!

In addition to those musicians, we occasionally have musicians who add to our worship, and sometimes we even have a substitute providing our music. Special services like Easter never disappoint when they "pull out all the stops!"

Pianos need tuning, sheet music needs to be purchased for choirs and handbells, candles need replacing, and the sound system needs occasional maintenance...which all cost money.

In addition, there are flowers, children's bulletins and even palms for Palm Sunday. These costs come from the Worship and Music Committee's budget.

We are all grateful for all of our wonderful music at SPC and thankful to have the funds that provide it. Please remember to thank our choirs and Reed Carter, the man who ensures it all happens.

*Stewardship and Finance Work Group*



Financials	
Total Amount Pledged 2023	\$426,000
Projected Pledges through June 2023	\$213,000
Pledges Received through June 2023	\$222,640



Salem Presbyterian Church is now enrolled in the Kroger Community Rewards program. By linking your Kroger Plus card to our church, each time you use your Kroger Plus Card, the church begins to earn a rebate of up to \$300 per family quarterly. You can connect your Kroger Plus Card online or through the app.

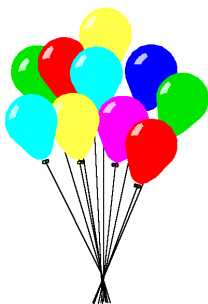


The Gresham Hall Art Show will be growing over the summer. You are invited to share the photos you take this summer that capture the essence of "Live, Laugh, Love." Please email pictures to Janet Chisom at [janet.chisom@salempres.org](mailto:janet.chisom@salempres.org) any time so she can print them off and add them to the collage in Gresham Hall.

## AUGUST Birthdays

AUG 1 Carol Clapp  
 AUG 4 Mary Ann Crowder  
 Harper McClung  
 Kim Murray  
 AUG 8 Ben Fry  
 Page Johnson  
 Jennie Watts  
 AUG 9 Taylor Fischer  
 AUG 10 Josh Akers  
 Alex Brown  
 Ginny Keast  
 AUG 11 Tom Burns  
 Phyllis Hasty  
 AUG 12 Karen Barnett  
 Tracy Smith  
 AUG 14 Barbara Walker  
 AUG 15 Guelda Skaggs  
 AUG 16 Nathan Auldridge  
 AUG 18 Linda Addington  
 Shawn Rakes  
 AUG 19 Anna Kennedy  
 AUG 20 Nancy Burns  
 Martha Pinkerton  
 Kyndal Smith  
 AUG 21 Linda Martin  
 Elijah McClung  
 Mason Ruhland  
 AUG 23 Lauren Carroll  
 AUG 29 Barbara Miller  
 AUG 30 Sally Coble  
 AUG 31 Felecia Parsell

*Is your birthday on  
 our calendar? If not,  
 please call the church  
 so we can add it.  
 Thank you!*



# SAVE THE DATE

August 1 Youth Mini Mission to Brandon Oaks at 10:00 AM  
 August 7 Elementary Lego Build at 10:00 AM  
 August 18 Music on the Lawn  
 September 10 Celebration Sunday  
 We'll begin Sunday School classes for all ages at 9:30 AM with special treats in each classroom. At 10:30 AM there will be a fellowship time between Sunday School and Worship. At 11:00 AM, we will worship together in the sanctuary with a special time of celebration and blessing for all the different ways that we worship, grow, and serve together. Join together in the evening for Jazz Vespers.  
 September 13 We will kick off our intergenerational dinner at program called Ignite (picture flames of the Holy Spirit energizing each of us)! Dinners will be served each Wednesday night with children and adult programming to follow.

## Welcome New Members!



Nick and Marilyn Thomas



Cynthia Moore

## CHECK THE ADDRESS!

SPC's mailing address is:  
 PO Box 536  
 Salem, VA 24153

In the past, as a courtesy, the USPS would forward all mail that was addressed to our physical address to the PO Box. They will not continue doing this for all PO Box users. Please make sure that when you send mail to the church you are using the PO Box and not the physical address.



# August 2023

SUN	MON	TUE	WED	THU	FRI	SAT
		1 10:00 AM Youth Mini Mission 10:00 AM Staff Meeting	2 11:00 AM Women's Bible Study	3 9:00 AM Ryan's Case for Smiles  7:30 PM NA	4	5 10:00 AM Hymn Sing Saturday (via Facebook Live)
6 9:00 AM Sunday School 10:00 AM Worship with communion in-person and live streamed 11:15 AM Kingdom Living SS Class Meeting	7 10:00 AM Elementary Lego Build 10:30 AM Planning Meeting  7:00 PM WNF Committee 7:30 PM NA	8 10:00 AM Staff Meeting	9 11:00 AM Women's Bible Study  2:00 PM Personnel Committee	10   7:30 PM NA	11	12 10:00 AM Hymn Sing Saturday (via Facebook Live)
13 TWO CENTS-A-MEAL 9:00 AM Sunday School 10:00 AM Worship in person and livestreamed 11:15 AM Inreach Committee	14  7:00 PM Outreach Committee 7:30 PM NA	15 10:00 AM Staff Meeting	16 9:45 AM Stewardship and Finance Work Group 11:00 AM Women's Bible Study	17 7:00 PM Christian Ed Committee 7:30 PM NA	18 7:00 PM Music on the Lawn—Surrender Dorothy Concert	19 10:00 AM Hymn Sing Saturday (via Facebook Live)
20 9:00 AM Sunday School 10:00 AM Worship in person and livestreamed 11:15 AM Worship and Music Committee	21 7:00 PM WNF Intergenerational Committee 7:30 PM NA	22 10:00 AM Staff Meeting  7:00 PM Session	23 11:00 AM Women's Bible Study	24  7:30 PM NA	25	26 9:00 AM Presbytery 10:00 AM Hymn Sing Saturday (via Facebook Live)
27 9:00 AM Sunday School 10:00 AM Worship in person and live streamed	28 7:30 PM NA	29 10:00 AM Staff Meeting	30 11:00 AM Women's Bible Study	31 7:00 PM SPC Book Club 7:30 PM NA		

← Family Promise Week →

**PLEASE NOTE:** Please be sure to read all church communications and announcements shared on website, through emails, and on Facebook. If you are not receiving emails, contact Emily at churchadmin@salempres.org. Sunday worship will continue to be livestreamed on our YouTube channel and bulletins will be posted in the Friday Teaser and on our church webpage.

## SESSION

Moderator..... Rev. Chris Vogado  
Clerk..... Kim Murray  
Assistant Clerk..... Sarah Eller  
Treasurer ..... Tom Burns  
Assistant Treasurer..... Jim Bowen

### **Class of 2024**

Susan Burnett  
Norman Ferguson  
Kathy Highsmith  
Karen Nelson  
Sydney Nordt  
Jenny Sease

### **Class of 2025**

Jim Cochane  
Sarah Eller  
Reid McClure  
Kim Murray  
Ginny Savage  
Hank Sullivan

### **Class of 2026**

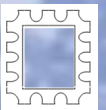
Teresa Auldrdige  
Lee Cole  
Ken Cook  
Anna Kennedy  
Becky Ring  
Don Taylor  
Andrew Crumpacker,  
(Youth Elder)



Salem Presbyterian Church  
41 East Main Street  
P.O. Box 536  
Salem, Virginia 24153

## *Tower Talk*

Return Service Requested



*Our mission, inspired by God through the Holy Spirit, is to be a visible sign of  
God's love for all people by sharing the Gospel of Jesus Christ in word and  
deed, so that all people may know Him as Lord and Savior.*



Like us on Facebook: Salem Presbyterian Church  
[salempres.org](http://salempres.org)